

MEALS ON WHEELS LUNCH MENU JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLEASE CALL 377-5213 WITH QUESTIONS OR CANCEL A MEAL	1 HAPPY NEW YEAR'S DAY NO MEALS SERVED	2 Cheeseburgers French Fries Vegetable Fruit	3 Pork Roast Mashed potatoes/gravy Vegetable Juice Dessert	4 Potato Soup Ham Salad Sandwich Fruit	5 Deli Turkey Sandwich Fruit Cookie
7 Swedish Meatballs Potatoes Vegetable fruit	8 Chicken Al Fredo/Noodles Vegetable Juice Dessert	9 Cabbage Rolls Potatoes Vegetable fruit	10 Grilled Chicken Breast Salad Juice dessert	11 Sloppy Joes Potatoes Vegetable Fruit	12 Deli Ham Sandwich Fruit Cookie
14 Pork Chops Potatoes Vegetable Juice Dessert	15 Vegetable Beef Soup/Chicken Pattie Sandwich fruit	16 Baked Fish Rice Pilaf Vegetable Juice dessert	17 Liver & onions Scalloped Potatoes OR Salisbury Hamburger Steak Vegetable Fruit	18 Mexi-Bake Corn Salad Juice Dessert	19 Deli Turkey Sandwich Fruit Cookie
21 CLOSED FOR MARTIN LUTHER KING JR. DAY NO MEALS SERVED	22 Hot Pork Sandwich Potatoes/Gravy Vegetable Juice Dessert	23 Roast Beef Potatoes/Gravy Vegetable Fruit	24 Chicken Pot Pie Tossed Salad Juice Dessert	25 Chili & Cornbread Fruit	26 Deli Ham Sandwich Fruit Cookie
28 Meatloaf Baked Potatoes Vegetable Fruit	29 Beef tips & Noodles Vegetable Juice Dessert	30 Fried Chicken Breast Potatoes Vegetable Fruit	31 Porcupine Meatballs Potatoes Vegetable Juice dessert		

ITEMS ON THIS MENU ARE SUBJECT TO CHANGE OR SUBSTITUTION

MILK IS SERVED WITH ALL MEALS UNLESS OTHERWISE REQUESTED