

MEALS ON WHEELS LUNCH MENU MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLEASE CALL 377-5213 WITH QUESTIONS OR CANCEL A MEAL				1 Cheeseburgers Potatoes Vegetable Fruit	2 Deli Turkey Sand. Fruit Cookie
4 Chicken Pot Pie Vegetable Juice Dessert	5 Meatballs & Gravy Potatoes Vegetable Fruit	6 Baked Fish Potato Vegetable Juice Dessert	7 Lasagna Vegetable Fruit	8 Broccoli Cheese Soup/Chicken Pattie Sandwich Juice Dessert	9 Deli Ham Sandwich Fruit Cookie
11 Chicken Strips Potato Vegetable Fruit	12 Meatloaf Potato Vegetable Juice Dessert	13 Pork Chops Dressing & Gravy Vegetable Fruit	14 Roast Beef Potato Vegetables Juice Dessert	15 Sloppy Joes Macaroni Salad Vegetable Fruit	16 Deli Turkey Sandwich Fruit Cookie
18 Corned Beef Potatoes Vegetables Juice Dessert	19 Spaghetti & Meatballs Vegetable Fruit	20 Pork Roast Potato Vegetable Juice Dessert	21 Baked Chicken Breast Potatoes Vegetable Fruit	22 Knoepfla Soup/Egg Salad Sandwich Vegetable Juice Dessert	23 Deli Ham Sandwich Fruit Cookie
25 Tater Tot Hot Dish Vegetable Fruit	26 Beef Tips & Noodles Vegetable Juice Dessert	27 Chicken Al Fredo/Noodles Vegetables Fruit	28 Liver & Onions or Hamburgers Potatoes Vegetables Juice Dessert	29 Baked Fish Rice Pilaf Vegetables Fruit	30 Deli Turkey Sandwich Fruit Cookie

ITEMS ON THIS MENU ARE SUBJECT TO CHANGE OR SUBSTITUTION

MILK IS SERVED WITH ALL MEALS UNLESS OTHERWISE REQUESTED
PLEASE LET BRENDA KNOW IF YOU WANT LIVER & ONIONS OR A HAMBURGER