

## MEALS ON WHEELS LUNCH MENU OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CHICKEN POT PIE  Juice Dessert	2 HAMBURGER FILET MIGNON Oven Fried potatoes Carrots Fruit	3 PORK RIBS & KRAUT Boiled Potatoes Vegetables Fruit Dessert	4 Grilled Chicken breast Salad Juice dessert	5 PORCUPINE MEATBALLS Potatoes Vegetable Fruit	6 Deli Ham Sandwich Fruit Cookie
8 <b>CLOSED FOR COLUMBUS DAY</b>	9 BAKED FISH Broccoli Fruit	10 SWEDISH MEATBALLS Potatoes Vegetable Juice Dessert	11 AL FREDO CHICKEN BREAST/NOODLES Tossed Salad Vegetables Fruit	12 CHILI & CORNBREAD  Juice Dessert	13 Deli Turkey Sandwich Fruit Cookie
15 CHICKEN STRIPS French Fries Vegetable Fruit	16 KNOEPFLA SOUP EGG SALAD SANDWICH Juice Dessert	17 ROAST BEEF Mashed potatoes & gravy Vegetable Fruit	18 CHICKEN FRIED STEAK Mashed potatoes/gravy Vegetable Juice Dessert	19 SLOPPY JOES Macaroni Salad Baked Beans Fruit	20 Deli Ham Sandwich Fruit Cookie
22 PORK CHOPS Potatoes Vegetables Juice Dessert	23 MEATLOAF Potatoes Vegetables Fruit	24 CHICKEN BREAST Dressing Vegetables Juice Dessert	25 BEEF TIPS/NOODLES Vegetables Fruit	26 HAMBURGERS Potato Salad Baked Beans Juice Dessert	27 Deli Turkey Sandwich Fruit Cookie
29 LEMON PEPPER CHICKEN BREAST Baby Bakers Broccoli Normandy Fruit	30 BAKED FISH Oven Fries Vegetables Juice Dessert	31 SPOOKGHETTI & EYEBALLS Tossed Salad Fruit		<b>PLEASE CALL 377- 5213 WITH QUESTIONS OR CANCEL A MEAL</b>	

**ITEMS ON THIS MENU ARE SUBJECT TO CHANGE OR SUBSTITUTION**

**MILK IS SERVED WITH ALL MEALS UNLESS OTHERWISE REQUESTED**