

MEALS ON WHEELS LUNCH MENU FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLEASE CALL 377-5213 WITH QUESTIONS OR CANCEL A MEAL				1 Pulled Pork Sand. Potatoes Vegetable Fruit	2 Deli Turkey Sand. Fruit Cookie
4 Stuffed Peppers Potatoes Vegetable Juice Dessert	5 Turkey & Dumplings Vegetable Fruit	6 Hamburgers Potato Vegetable Juice Dessert	7 Chicken Stir-Fry Rice Fruited Jello	8 Baked Fish Macaroni & Cheese Vegetable Juice Dessert	9 Deli Ham Sandwich Fruit Cookie
11 Beef Stew Fruit	12 Hamburger Steak Mignon Potatoes Vegetable Juice Dessert	13 Chicken Noodle Soup Tuna Sandwich Fruit	14 Chicken Fried Steak Potato Vegetables Juice Dessert	15 Spaghetti & Meatballs Fruit Vegetable	16 Deli Turkey Sandwich Fruit Cookie
18 CLOSED FOR PRESIDENT'S DAY NO MEALS SERVED	19 Pork Chops Dressing Vegetable Juice Dessert	20 Baked Fish Rice Pilaf Vegetable Fruit	21 Chicken Al Fredo/Noodles Vegetable Juice Dessert	22 Mexi-Bake Refried Beans Vegetable Fruit	23 Deli Ham Sandwich Fruit Cookie
25 Baked Chicken Breast Potatoes Vegetable Juice Dessert	26 Potato Soup Fish Pattie Sandwich Fruit	27 Hot Beef Sandwich Potatoes Vegetables Juice Dessert	28 BBQ Ribs Potatoes Vegetables Fruit		

ITEMS ON THIS MENU ARE SUBJECT TO CHANGE OR SUBSTITUTION

MILK IS SERVED WITH ALL MEALS UNLESS OTHERWISE REQUESTED