

County Council on Aging

An advisory group to the County Commissioners, the County Council on Aging assesses the needs of elderly residents and plans projects for the benefit of Senior Citizens. The Council works to coordinate services with the **Area I Agency on Aging**, with offices at Action for Eastern Montana, in Glendive. Funding is provided through federal, state, and county sources.



Senior Services In Dawson County

Senior Services Include:

- Senior Centers
- Congregate Meals
- Home Delivered Meals
- Transportation
- Respite
- Personal Care
- Homemaker Services
- Foot Clinics
- Flu Clinics
- Commodities
- Legal Services
- Information and Assistance
- Ombudsman
- Insurance Counseling

**Dawson County Council on Aging in care of:
604 Grant Street
Glendive MT 59330
406-377-3791**

All programs are open to, and encourage contributions from clients.

Senior Centers

Dawson County has two Senior Centers. Call for a current list of center activities.



Glendive Senior Center
377-3791, 604 Grant Street
Open Mon – Fri, 8:00 – 4:00
Patty Atwell, Director



Richey Senior Center
773-5694
Open Mon – Thur,
7:00 – 2:00
Pixine Zieske, Director

Home Delivered Meals

Home delivered meals are available in Glendive and Richey to anyone over the age of 60 (or has a spouse over the age of 60), who has a medical need. For more information, please call the Dawson County Health Department at 377-5213.

Congregate Meals

Congregate meals offer senior citizens nutritious meals as well as an opportunity to socialize with others in their communities. Call the Glendive Senior Center by 8:30 at 377-3791 to reserve a noon meal. Call the Richey Senior Center by 9:30 at 773-5694 to reserve a noon meal. Anyone over age 60 (or with a spouse over the age 60) is invited to come and enjoy.

Commodities

The Commodity Supplemental Food Program (CSDP) is a USDA food program that serves income-eligible senior citizens. Participants receive 30 pounds of food each month, including items such as canned tuna, pork, beef stew, vegetables, fruit, evaporated milk, juices, cheese, cereal, pasta, peanut butter, and powdered milk. For more information, please contact Patty Atwell at 377-3791.

Dawson County Health Department

207 West Bell, Glendive MT 59330
Phone 377-5213

Hours: Monday - Friday
8:00 – Noon & 1:00 – 5:00

Respite The Health Department provides respite care to area families. Caregivers of elderly people are often hard pressed for time to see to their own needs. Respite care workers can come into a patient's home to provide services during the day while family members are away.

Homemaker Homemakers provide light housekeeping and assistance with laundry and shopping in both Glendive and Richey. Homemakers typically provide service twice per month for approximately 2 hours each visit. Services are limited to those over 60 years of age.

Personal Care Certified nursing assistants provide care in the home under the supervision of an RN. Services may include assistance with personal care, bathing, dressing, and ambulation, most often visits are made once or twice per week.

Flu Clinic Immunizations for flu and pneumonia.

Foot Clinic Toenail trimming done at Grandview and at Glendive Senior Center.

Dawson Urban Transport District



Offers rides to the public as well as seniors. Rides available Monday – Friday, 7:30am to 5:00pm. Please call 377-5024 for fare rates and to schedule rides.

Tickets can be purchased:

- at Senior Center
- from bus drivers
- from Dawson Urban Transport

Senior Companions

Senior Companions are 60 years and older who volunteer their time to help other adults maintain their independence. Any adult with a medical need or anyone over 60 can have a Companion, at no charge. Services may include taking clients shopping, to doctor appointments, meals out, social activities, reading and visiting. Companions must meet income guidelines, receive training, reimbursements, and a small stipend. Contact Karen O'Dell, Program Director, at 866-433-4967.

Legal Assistance

Senior citizens may have general legal questions relating to their health or medical treatment, residence, or business affairs. Limited legal advice, counseling, and representation by an attorney are available at no cost to the senior citizen for certain services, such as creation of wills. For more information, contact the Area Agency on Aging at 377-3564.

Area Agency on Aging Services

2030 N. Merrill, Glendive 59330
Phone 377-3564 or 800-227-0703
Lori Brengle, Director

Information and Assistance I&A technicians are trained to assist individuals and families to identify and locate services that may assist them in coping with various difficulties, or that may enhance their well-being. An I & A technician can also assist a senior complete a form and knows who to contact for further help and information if it is needed.

State Health Insurance Assistance Program (SHIP) SHIP counselors are available to assist the elderly with Medicare Parts A, B, and D (prescription drug plans). Counselors can also assist income-eligible seniors to apply for programs that help pay Medicare expenses.

Ombudsman Ombudsman are advocates for residents in nursing homes and assisted-living facilities. Ombudsman work with residents' rights such as quality of care.

Senior Medicare Patrol (SMP) SMP volunteers assist Medicare beneficiaries learn how to be smarter healthcare consumers and gain confidence understanding their Medicare and other insurance paperwork. The goal of the SMP program is to empower seniors to prevent health care fraud through outreach and education.