

MEALS ON WHEELS LUNCH MENU NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Pork Roast Potatoes & Gravy Vegetable Juice Dessert	2 Mexi-Bake Spanish Rice Refried Beans Fruit	3 Deli Ham Sandwich Fruit Cookie
5 Chicken Strips Twice Baked Potato Vegetable Juice Dessert	6 CLOSED FOR ELECTION DAY BE SURE TO VOTE!	7 Vegetable Beef Soup/Chicken Salad Sandwich Juice Dessert	8 Meatloaf Mashed potatoes/gravy Vegetable Fruit	9 Chicken Pot Pie Tossed Salad Juice Dessert	10 Deli Turkey Sandwich Fruit Cookie
12 CLOSED FOR VETERANS' DAY	13 Chicken Stir-Fry Juice Dessert	14 Taco Salad Fruit	15 Pork Chops Potatoes & Gravy Vegetables Juice Dessert	16 Swedish Meatballs Potatoes & Gravy Vegetable Fruit	17 Deli Ham Sandwich Fruit Cookie
19 Baked Fish Baby Bakers Vegetable Juice Dessert	20 Roast Beef Potatoes & Gravy Vegetable Fruit	21 BBQ Ribs Baked Potatoes Vegetable Juice Dessert	22 CLOSED FOR THANKSGIVING DAY	23 Black Friday Special (Goulash, vegetables, fruit)	24 Deli Sandwich Fruit Cookie
26 Chicken Al Fredo Vegetables Fruit	27 Lasagna Tossed Salad Juice Dessert	28 Broccoli Cheese Soup Beef Salad Sandwich Orange Dream	29 Hamburger Salisbury Steak Potatoes & Gravy Vegetable Juice Dessert	30 Pulled Pork Sandwich Corn Salad Fruited Jello	PLEASE CALL 377-5213 WITH QUESTIONS OR CANCEL A MEAL

ITEMS ON THIS MENU ARE SUBJECT TO CHANGE OR SUBSTITUTION

MILK IS SERVED WITH ALL MEALS UNLESS OTHERWISE REQUESTED